

# Hillsborough Public School Newsletter

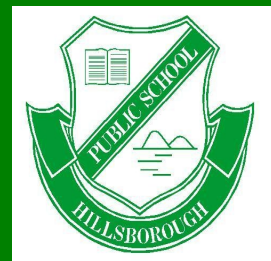
83 Waratah Ave, Charlestown. NSW. 2290.

Phone: 4943 5695

Fax: 4942 2579

Webpage: <http://www.hillsboro-p.schools.nsw.edu.au>

Email: [hillsboro-p.school@det.nsw.edu.au](mailto:hillsboro-p.school@det.nsw.edu.au)



**Term 3 Week 2**

**22 July 2015**

## Principal's Report...

Dear Parents and Caregivers,

Our school is currently filled with Primary class teachers sharing and celebrating their students' amazing writing. This is due to Power Writing, a new teaching program we are implementing this term that is designed to improve our students' ability to write engaging and descriptive complex sentences. Teachers explicitly take their class through the steps necessary to produce this highly effective writing and students are taught several 'rules' that will make their sentences so much more powerful. Power Writing began only last week and we are thrilled to be already seeing results like the examples included below:

*One dark and gloomy morning the nice and friendly penguin swam quickly away like the Flash vs Superman in a race. Mason Y3*

*On a hot summers day the stylish, angry teacher ran away from the yellow and black bee like a bull chasing a red t-shirt. Jorja Y3*

*On a cold, snowy day the girl kicked the ball powerfully like a bullet. Kobe Y5*

Last Thursday our debaters competed against Belmont Public School, arguing that 'we buy too much'. While we were defeated on the day, it was a very good debate that demonstrated a high level of thought, persuasive skills and great public speaking.

In fact, great Public Speaking is a feature of classrooms around our school at the moment, with our school Stage Finals to be held next Thursday 30<sup>th</sup> July. The Stage 2 and 3 Final will be held from 9:30am and the Early Stage 1 and Stage 1 final will commence at 12pm. All finals will be held in the School Hall and parents are most welcome to attend.

Thanks go to our local PSSA [Primary School Sports Association] who donated \$100 towards Josh R's trip to the Pacific School Games in Adelaide this November, where he will represent NSW in swimming. Raffle tickets to support Josh are available in at the school Office; \$2 a ticket and some excellent prizes available. Keep your eye out for news of the out of uniform day to support Josh later this year.

This Friday, as part of our Primary Sport, students who are not involved in the PSSA competitions will participate in an afternoon of cricket coaching, courtesy of Milo Cricket. Students will work with specialist coaches to develop batting, bowling, catching, throwing and agility skills. This is sure to be a fun and educational afternoon. Our thanks go to Mrs Pike who was instrumental in organising this opportunity for our students.

Our Education Week Assembly will be held next Tuesday 28<sup>th</sup> July at 2:15pm in our School Hall, everyone is welcome.

I would like to take this opportunity to recognise the 'Welcome to Country' that was part of our school assembly yesterday. The Welcome to Country is given by a member of the Aboriginal community and just like the 'Acknowledgement of Country' is a way to show respect for Aboriginal cultures and heritage. Our Welcome to Country has been devised and will be given by our more senior Aboriginal students under the guidance of Ms Ridgeway. We are proud to be able to recognise and celebrate our students and their culture in this way.

Lucinda Farrell  
Principal

## Dates for the Diary

**Monday 27 July**

26 Storey Treehouse Yrs 3-6

**Tuesday 28 July**

ICAS English Test

**Tuesday 28 July**

Education Week Assembly

**Wednesday 29 July**

Bubble and Squirt Show K-6

**Thursday 30 July**

Public Speaking finals Yrs 3-6  
9.30-11.00

**Tuesday 11 August**

ICAS Maths Test

**Wednesday 12 August**

Blackbutt Excursion Kindy

**Thursday 13 August**

Premier Spelling Bee Yrs 3-6  
School Finals 12.00

**Tuesday 18-Wed 19 August**

Morisset Camp Years 3/4

**Wednesday 26-Fri 28 August**

Canberra Excursion Years 5/6

**UNIFORM  
SHOP  
HOURS**

**Thursday  
8.30am - 9.30am**

## Library News...

### Book Week Parade and Book Fair

Due to the Stage 3 Canberra excursion in Term 3 Week 7, we will be celebrating Book Week with a Book Parade and Book Fair in **Term 3 Week 8**. Students will be able to come to school dressed up as their favourite book character on **Thursday 3 September, 2015**. The parade will begin in the hall at 9:30am, there will be prizes, all most welcome, start planning your costume soon!

The annual Book Fair will be held in the library.

When: Tue 1, Wed 2 & Thur 3 September 2015.

Time: *Before School*: 8:00am - 9:00am *After School*: 3:00pm - 3:30pm

Cash and credit card payment options are available. All purchases benefit our school!

### Premier's Reading Challenge

Congratulations Abigail B, Abril C, Elise M, Joshua M, Cooper P and Rebecca B on completing the Premier's Reading Challenge 2015.

**Student Reading Records must be returned to the school library or submitted online by Friday 21 August** so that entries can be checked and validated by the closing date, 1 September 2015. Students can enter their books online as they read from 2 March, 2015.

If you have access to the Internet, the following steps can be used to **access KIDSPACE** and **enter Student Reading Records** electronically:

1. Go to [www.det.nsw.edu.au](http://www.det.nsw.edu.au) and click on the **LOGIN - STUDENT** link.
2. Type in student's DET User ID and Password and click **LOG IN**.
3. On **KIDSPACE** click **AGREE** then + and >>More... on the **Learning** link.
4. Scroll down and click on **PREMIER'S READING CHALLENGE**.
5. At **PRC** page, click **STUDENT READING RECORDS** link.
6. Enter your books by **PRC ID Number** or **Title**.

**Please Note:** Students in Years K-2 complete the Premier's Reading Challenge in class with their classroom teacher.

Keep reading!

Toni Norton

Teacher Librarian

## P & C News...

# SAVE THE DATE

## FRIDAY 30TH OF OCTOBER



This year's major fundraiser will be a Fun-Runathon held on Friday the 30th of October in the school grounds.

It will be an exciting event where the children will be encouraged to run, jog or walk around a fun course. All parents, grandparents and caregivers are welcome to attend. All funds raised will be put towards the construction of a new netball/basketball court.

If you would like to get involved in the planning for this event or have any ideas please come along to our fundraising meetings in Term 3 or contact Ansley on [HPSfundraising@optusnet.com.au](mailto:HPSfundraising@optusnet.com.au)

## Chicken Pox

We have had reports of quite a few children with chicken pox so far this term. Please be on the look out for any spots that may also look a bit like a blister. Chicken pox are highly contagious. Find further in an information sheet regarding chicken pox.

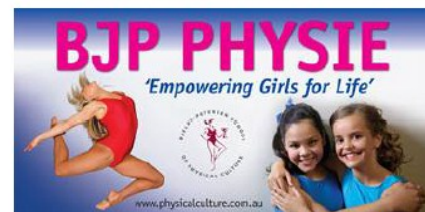
### ASSEMBLY

Assemblies are on a fortnightly basis on a Tuesday at 2.15pm in the hall. Parents are welcome to attend. The next assembly day will be on **Tuesday 4 August 2015**. The item will be performed by the **Band**.



The next P&C meeting will be Friday 7 August 2015  
8.30am in the Library.

**ALL WELCOME TO ATTEND!**



**WARNERS BAY PHYSIE AND DANCE**

**PHYSIE IS GREAT FUN - WHY NOT TRY SOMETHING NEW?**

'Physie' is a combination of ballet, aerobics, gymnastics and jazz dance all rolled into one!

Classes range from 3-4 Years through to Ladies.

Team and individual events available at a low cost.

Enquiries are welcome to Mandy on **0408 206 349** or [mandy.smith139@gmail.com](mailto:mandy.smith139@gmail.com).

# Canteen Roster

TERM 3

## THURSDAY & FRIDAY

Rebecca Pasovski Ph: 0412653097

Email: jrpaz1@bigpond.com

<u>Thursday 23rd July</u>	<u>Friday 24th July</u>
Rebecca Pasovski Michelle Reed Heidi Garnett	Tara Finn Lidjia Pearson Leisa Anderson
<u>Thursday 30th July</u>	<u>Friday 31st July</u>
Mel Smith Helen Singleton Sally Wallace	Mel Arthur Mel Ward Eleni Zissis
<u>Thursday 6th August</u>	<u>Friday 7th August</u>
Jenny Charge Margaret Parkes Jane Newbold	Lauren Halloran Amiee Buckerfield <b>VOLUNTEER NEEDED</b>
<u>Thursday 13th August</u>	<u>Friday 14th August</u>
Melinda Smith Deanne Poulton Teresa Stuart	Lauren Turner Kate Nicholls Alison Maher
<u>Thursday 20th August</u>	<u>Friday 21st August</u>
Rebecca Pasovski Michelle Reed Heidi Garnett	Mel Arthur Mel Ward Eleni Zissis
<u>Thursday 27th August</u>	<u>Friday 28th August</u>
Mel Smith Helen Singleton Sally Wallace	Tara Finn Lidjia Pearson Leisa Anderson
<u>Thursday 3rd September</u>	<u>Friday 4th September</u>
Jenny Charge Margaret Parkes Jane Newbold	Lauren Halloran Amiee Buckerfield <b>VOLUNTEER NEEDED</b>
<u>Thursday 10th September</u>	<u>Friday 11th September</u>
Amanda Rounsley Amie Jones	Mel Arthur Mel Ward Eleni Zissis
<u>Thursday 17th September</u>	<u>Friday 18th September</u>
Rebecca Pasovski Michelle Reed Heidi Garnett	Lauren Turner Kate Nicholls Alison Maher

Canteen News  
Canteen open this  
week Thursday and  
Friday.

Due to price increases  
**Nacho Dippers are  
now \$3.50.**

### Late Arrival & Early Pick Up of Students

Parents/carers are advised that  
children who arrive late to school  
need to come to the office to get  
a "Late Arrival" note.

If you are picking up your child  
early from school, parents/carers  
or a designated person **MUST**  
come to the office to get an "Early  
Leaver" note **before** collecting  
their child.

### School Banking is on MONDAY



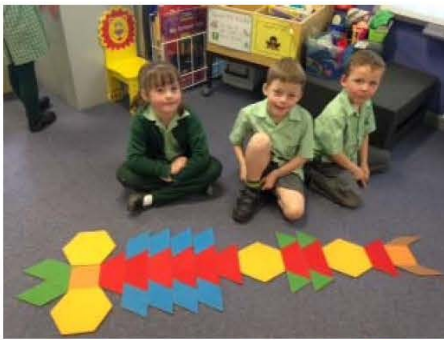
KEEP YOUR **KIDS**  
**SAFE** Online





# Kinder Capers Term 3

We're back and busy! Kindergarten is off to a flying start this term with groups and all Key Learning Areas underway already. We are on the countdown to our exciting trip to Blackbutt on a BUS!! More information will be coming home soon regarding the excursion Wednesday the 12<sup>th</sup> August. As we are going to be seeing lots of Australian animals in Science we are talking about habitats and how animals use their senses. Our HSIE unit this term is all about 'Our Place' and where we fit in the world. We have already produced some great artworks based on these themes. This week Kindergarten has been performing their speeches and the teachers have been very entertained with the variety of topics chosen. We now know more about apples, butterflies, Minecraft and Sonic Dash! We look forward to seeing you all at the Hillsborough School musical at the end of the term.....so exciting.....we are keeping the Kindergarten act a secret so you can be surprised!







# Chickenpox and Shingles

## Living Well factsheet – Work Health and Safety Directorate

Chickenpox is a common viral infection that can reappear later in life as shingles.

### What is chickenpox and shingles?

Chickenpox and shingles (varicella-zoster) are a highly contagious virus and a member of the herpes family. The disease is usually mild in children but can be more severe in adults and can cause serious illness.

The adult form which most commonly occurs is shingles. Complications can include meningitis and pneumonia. In rare cases it can involve the joints and other organs.

### Signs and symptoms

For chickenpox:

- Mild fever
- Runny nose
- Fatigue
- General rash.

For shingles:

- Painful skin eruptions that generally appear on 1 side of the body.

### How is the virus spread?

Shingles is spread by direct contact with an infected person. Chickenpox is spread by coughing and direct contact with an infected person. Children are usually infectious 2 days before the rash appears.

### What is the risk of transmission?

People rarely get chickenpox twice, whilst shingles occurs more commonly in aged people and individuals that are immunosuppressed.

Shingles is a reactivation of a previous chickenpox infection. Most people have had chickenpox as children and are therefore at greater risk of contracting shingles as adults.

### What precautions can you take to avoid the virus?

- Practice good personal hygiene by covering the mouth and nose when coughing or sneezing
- Disposing of soiled tissues
- Washing hands carefully
- Not sharing eating utensils, food or drinking cups
- Pregnant women should avoid contact with anyone with chickenpox.

### How is chickenpox and shingles prevented?

- Childhood vaccination programs
- People with chickenpox should avoid contact with others and not attend work, school or childcare until 5 days after the onset of the rash when all blisters have crusted.

**Disclaimer:** The information in this fact sheet is to be used for educational purposes only. It should not be used as a substitute for seeking professional care in the diagnosis and treatment of health conditions. Information may be reproduced with an acknowledgement to the NSW Department of Education and Communities.

### Further Information

Contact your general practitioner

**NSW Department of Health**

**See Infection Control**

Information in this fact sheet has been sourced from the NSW Department of Health.



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**GINO ADORANTI** Dip-Law SAB JP

**CONSULTANT**

M 0418 431 750

P 02 4941 1822

F 02 4941 1887

[gino@apfnsw.com.au](mailto:gino@apfnsw.com.au)

3/74 Park Avenue Kotara NSW 2209

PO Box 277 Kotara NSW 2209

[www.apfnsw.com.au](http://www.apfnsw.com.au)



Joshua Reed from 5R will be representing  
NSW in swimming at the Pacific School  
Games being held in Adelaide in  
November this year.

Please support Josh and the NSW team by  
buying some raffle tickets.

**TICKETS \$2 EACH**

Available at the office

**Good Luck Josh!**

**Prizes**

- 1st Prize: 55" Samsung Full HD Smart 3D TV
- 2nd Prize: GoPro HD Hero4 Action Video Camera
- 3rd Prize: Apple iPad Mini 32GB Wi-Fi capable
- 4th Prize: Olympus TG-3 Waterproof Camera
- 5th Prize: Sony Noise Cancelling Headphones



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**ShimJang Taekwondo—Cardiff South  
Public School Hall**

New class opening 23 June Tues/Thurs 5.30-6.30pm. Low monthly fee \$60 covers training at all our centres. We have mums and dads training alongside their family from ages 5 and up. 1st lesson free. Come along and try it, learn self defence, gain confidence and have lots of fun!!

Call Greg 0411 155 510.

Details online [shimjang.com.au](http://shimjang.com.au)

