

Hillsborough Public School Newsletter

83 Waratah Ave, Charlestown. NSW. 2290.

Phone: 4943 5695

Fax: 4942 2579

Webpage: <http://www.hillsboro-p.schools.nsw.edu.au>

Email: hillsboro-p.school@det.nsw.edu.au



Term 1 Week 4

18 February 2015

Principal's Report...

Dear Parents and Caregivers,

I was very proud yesterday afternoon, to induct our student leaders for 2015. They really do play a significant part in our school and their importance as role models cannot be underestimated. I have said to them all, their role is really what they make of it and I would encourage them to think carefully about what they can offer to enhance our school and the opportunities available for all students. We have such a wonderful and enthusiastic young leadership team that I am sure their contributions will be valuable.



It is also with great pride that we acknowledge the achievements of several of our students who are experiencing exciting success on the soccer field. Tom P, Darcy T and Tyler B have been selected in a team to represent the Newcastle Emerging Jets to play next month in Qatar in the Middle East. They will be playing at Aspire Football stadium, a prestigious state of the art football complex and the site of the next World Cup! The team will be playing Aspire - Qatar's team and Galatasaray - Turkey's team. Tom P has also been selected for the touring under 12 team travelling to Japan in July. Our congratulations and best wishes go to these students and their families.

As many of our parent volunteers would already be aware, there have been changes to the legislation surrounding the 'Working with Children Check' [WWC]. 'Working with Children Checks' have been required of our Parent Helpers and anyone working on the school site for some time, however, the new check incorporates a 100 point proof of identity. Further details of the requirements of the WWC are available on our website or at the Office. We thank you for your understanding around this new process that aims to create safer environments for our children.

Dates for the Diary

Thursday 26th February
School Disco

Friday 27th February
Clean up Australia Day

Thursday 12th March
Selective High School Test

Friday 13th March
Funky hair day— Shave 4 a Cure

Wednesday 18th March
Athletics Carnival

Friday 20th March
Harmony Day

Wednesday 25th March
School Photos

Thursday 2nd April
Last day Term 1

Monday 20th April
Staff Development Day

Tuesday 21st April
First Day Term 2

**UNIFORM
SHOP
HOURS**

**Thursday
8.30am - 9.30am**

Well done to our Kindergarten students who have made a fabulous start to school and are very quickly adopting school routines. It is amazing how much they have learnt already!

Zane and Savannah with their clever work



Very soon Kindergarten parents will receive their child's initial Best Start report, this is the assessment that was completed just prior to them starting school and describes their learning development at that time. The Best Start literacy and numeracy continuums detail the progression of a child's learning throughout kindergarten and then lead seamlessly into the PLaN continuums [Planning for Literacy and Numeracy] that are used to track the learning of students in Years One to Six. While not the teaching syllabus, these continuums are used by teachers to monitor student growth and target learning goals. I have included links to the Literacy and Numeracy continuums below for any parents interested in taking a look.

http://www.curriculumsupport.education.nsw.gov.au/literacy/assets/pdf/continuum/k6_contin_2012.pdf

<http://www.numeracycontinuum.com/index.php/continuum-chart>

As our year is now in full stride it is timely just to remind everyone of the importance of regular school attendance. Our classroom programs are sequentially planned with each skill building on the one before and while teachers will always endeavour to 'catch up' missed work, frequent student absences may well impact a child's learning. Now obviously, if your child is sick they need to stay at home, however we do need to be mindful of avoiding absences when possible, particularly partial absences due to lateness. I have included the Department of Education's Parent Information Guide on Regular School Attendance both in this newsletter and on our website.

Finally, our school Band is currently seeking expressions of interest from primary students. Mr Daniels is very keen for our school Band to be bigger and better than ever! Nomination letters are available from Mr Daniels or on our school website. Any questions please contact Mr Daniels or myself.

Lucinda Farrell

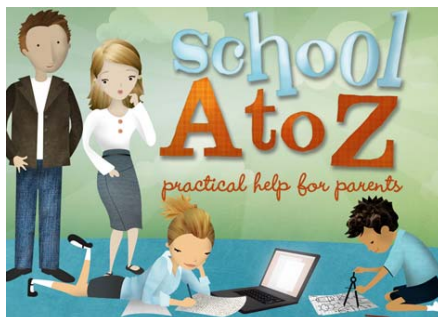
Principal

HELPING YOUR KINDY KID SUCCEED AT SCHOOL

A great way to kick off your child's formal education is to understand the school culture and what your child is doing in the classroom.

Find out more: [http://](http://www.schoolatoz.nsw.edu.au/wellbeing/development/helping-kindy-kids-succeed-at-school)

www.schoolatoz.nsw.edu.au/wellbeing/development/helping-kindy-kids-succeed-at-school



SPEECH PROBLEMS

All kids learn how to talk and listen at different rates but did you know there's a general pattern to your child's language development?

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/speech-problems>

MERIT AWARDS

KH

Jacob B

KM

Hayden C

1H

2/1S

2D

Lily S

Bailey C

2H

Lilian R

Frankie G

3E

4/3M

Micheal B

Caitlin P

4A

Mia B

5/4P

Cooper P

TimanaH

5R

Ty C

Jarrah S

6B

Scott W

Madyson B

Regular School Attendance

Information for parents and carers



Did you know? If students miss as little as eight days in a school term, by the end of primary school they will have missed a year of education.

Why must I send my child to school?

Education in New South Wales is compulsory. This means all children from six years of age and under the minimum school leaving age are legally required to attend school.

From 2010, all New South Wales students must complete Year 10. After Year 10 and until they turn 17 years of age students must be:

1. in school or registered for home schooling, or
2. in approved education or training (e.g. TAFE, traineeship, apprenticeship) or
3. in full-time, paid employment (average 25 hours per week) or in a combination of work, education and/or training.

Principals are legally responsible for keeping accurate records of student attendance.

Principals are also responsible for deciding if the reason given for an absence is justified.

For this reason, Principals may request medical certificates or other documentation for long or frequent absences explained by parents as being due to illness.

If Principals don't consider an explanation to be satisfactory, they will record the absence as unjustified.

It is important to understand that the New South Wales Department of Education and Training may prosecute parents (including carers) if children of compulsory school age have recurring numbers of unjustified absences from school.

Must I send my child every day?

YES. It is a condition of enrolment that you send your child to school every day.

A small number of absences may be justified if your child:

- has to go to a special religious ceremony
- is required to attend to a serious and/or urgent family situation (eg a funeral)
- is too sick to go to school or has an infectious illness.

Head lice infestations can be a common occurrence, particularly in primary schools. Parents should check their child's hair

regularly for head lice and undertake treatment where eggs or lice are identified.

Translated information about head lice and how to treat them can be found at

<https://www.det.nsw.edu.au/languagesupport/documents/headlice/infosheet.htm>

Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice. Head lice, is not a valid reason for prolonged absences from school.

Why is regular attendance at school important?

Regular school attendance will help your child to succeed in later life.

Attending school every day makes learning easier for your child and helps children to build and maintain friendships with other children.

If your child doesn't learn the basic skills in the early years of school, they may develop learning problems in later years.

Why is arriving at school on time important?

Arriving at school and class on time:

- ensures that your child doesn't miss out on the important learning activities scheduled early in the day when they are most alert
- helps your child to learn the importance of punctuality and routine
- gives your child time to greet their friends before class and therefore
- reduces the opportunity for classroom disruption.

Lateness is recorded as a partial absence and must be explained to the school the same way as other forms of absence.

What should I do if our family is going on holiday in school time?

Parents and carers are encouraged not to withdraw their children from school for family holidays. Families should try to arrange holidays during school vacations.

If your family holiday is during school time, inform the school principal in advance and request leave and/or an exemption from school.

Depending on the circumstances and how long the leave will be, you may ask the school to provide tasks that can be completed while your child is absent.

Must my child attend all activities, including daily fitness and sport?

YES. Sport and other physical activities help to keep your children healthy. Children are expected to attend all regular school activities, including sport.

Do not keep your child away from school for the following:

- birthdays
- shopping
- minding other children
- routine check ups or care such as hair cuts
- minor family events
- sleeping in.

Medical and other health appointments for your child should be made either before or after school or during the school holidays.

What should I do if my child has to stay away from school?

If your child has to be absent from school, it is important to tell the school and provide a reason for your child's absence. To explain an absence parents and carers may:

- send a note, fax or email to the school
- telephone the school, or
- visit the school.

All absences must be explained to the school. Bilingual absentee notes and further information on attendance can be found on the Department's website under the heading *School Attendance (School Attendance)* at

https://www.det.nsw.edu.au/languagesupport/documents/index_s.htm

The principal of the school has the right to question parents' or carers' requests for their child to be absent from school.

The principal may also question any explanation given for a child's absence from school.

My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. The principal may seek support from a home school liaison officer or Aboriginal student liaison officer.

Who are home school liaison officers and Aboriginal student liaison officers?

Home school liaison officers and Aboriginal student liaison officers have been specially trained to help you with your child's attendance.

They work with school communities to encourage all students to attend school regularly.

For further information about the Home School Liaison Program you should contact the program manager at your local Department of Education and Training regional office. Contact numbers can be found at the website address:

www.det.nsw.edu.au/contactus/index.htm or by telephoning 131 536.

Do you have problems with getting your child to school, for some of the following reasons?

- won't get out of bed
- won't go to bed
- can't find their clothes, books, homework, school bag...
- school lunches not ready
- slow to eat breakfast
- homework not done
- watching television late at night or when they should be getting ready for school
- test or presentation at school
- birthdays
- screaming and not letting go of you.

Here are some suggestions which are based on setting regular routines:

- Have a set time to be out of bed
- Have a set time to go to bed
- Have uniform and school bag ready the night before
- Make lunches the night before
- Have a set time for starting / ending breakfast. A routine is important.
- Set time for daily homework activities
- Turn the television on for a set time and only if appropriate
- Be firm, children must go to school
- Provide lots of positive encouragement
- Be firm, a birthday is not a holiday
- Time arrival at school to coincide with bell time and leave quickly. If arranged with the teacher beforehand, place your child's hand into that of the teacher and then leave.

Do you need an interpreter?

Interpreting services are provided where possible for parents and carers who do not speak or understand English well and for Deaf parents and carers who use sign language. For more information on interpreter services contact your school or phone the Telephone Interpreter Service and have them contact the school. The telephone number to ring is 131 450. Ask for an interpreter in the required language and the interpreter will call the school and stay on the line to assist you with your conversation. You will not be charged for this service.

Canteen Roster

TERM 1

THURSDAY & FRIDAY

Rebecca Pasovski Ph: 0412653097

Email: jrpaz1@bigpond.com

ASSEMBLY

Assemblies are on a fortnightly basis on a Tuesday at 2.15pm in the hall. Parents are welcome to attend. The next assembly day will be on **Tuesday 3 March 2015**. The item will be performed by 5R.

Next book club will be at a later date during Term 1 2015.



The next P&C meeting will be Monday 23rd March 2015 6.00pm in the Staffroom.
ALL WELCOME TO ATTEND!

<u>THURSDAY 19TH FEBRUARY</u>	<u>FRIDAY 20TH FEBRUARY</u>
Rebecca Pasovski Michelle Reed Heidi Garnett	VOLUNTEER NEEDED VOLUNTEER NEEDED Teresa Stuart
<u>THURSDAY 26TH FEBRUARY</u>	<u>FRIDAY 27TH FEBRUARY</u>
Melinda Smith Sally Wallace VOLUNTEER NEEDED	Leisa Anderson Tara Finn Lidjia Pearson
<u>THURSDAY 5TH MARCH</u>	<u>FRIDAY 6TH MARCH</u>
Jenny Charge Margaret Parkes	Lauren Turner Dee Poulton Kate Nicholls Alison Maher
<u>THURSDAY 12TH MARCH</u>	<u>FRIDAY 13TH MARCH</u>
Melinda Smith Teresa Stuart	Mel Arthur Mel Ward Eleni Zissis
<u>THURSDAY 19TH MARCH</u>	<u>FRIDAY 20TH MARCH</u>
Rebecca Pasovski Michelle Reed Heidi Garnett	Lauren Halloran VOLUNTEER NEEDED Lauren Turner
<u>THURSDAY 26TH MARCH</u>	<u>FRIDAY 27TH MARCH</u>
Melinda Smith Sally Wallace Helen Singleton	Leisa Anderson Tara Finn Lidjia Pearson
<u>THURSDAY 2ND APRIL</u>	
Jenny Charge Margaret Parkes Jane Newbold	



Australian
Property Finance

Planning your finance doesn't have to be a daunting process. In fact, it shouldn't be. Whether you're buying your first home, looking to invest in property, or even searching for ways to reduce your mortgage, we have the people and the tools to help make it easy.

With over 50 banks, building societies and mortgage managers including all of the majors to choose from, we cut through the red tape and eliminate the confusion because we've already done the running around for you. Even if you have any previous credit history concerns, we can assist.

There is no charge for our services. There are no hidden costs. Please ring Gino for your obligation free appointment. We come to you if more convenient or our offices are at Kotara.

GINO ADORANTI Dip-Law SAB JP
CONSULTANT

M 0418 431 750

P 02 4941 1822

F 02 4941 1887

gino@apfmsw.com.au

3/74 Park Avenue Kotara NSW 2209

PO Box 277 Kotara NSW 2209

www.apfinance.com.au



Sneak Peak of 5R



The BIG Debate



English Groups



Have we mentioned we're budgeting experts?

CARDIFF HIGH SCHOOL EXPO DAY

The Cardiff High "Expo Day", will be held on Wednesday 11th March 2015 from 9:20am to 12:30 pm.

The "Expo Day" has been designed to showcase aspects of life at our school for students progressing to high school in 2016. Students will experience some of the opportunities presented at Cardiff High, as well as interact and socialize with their peers. Each student will attend demonstration lessons in two core subjects and two elective areas of interest. Lunch will be supplied.

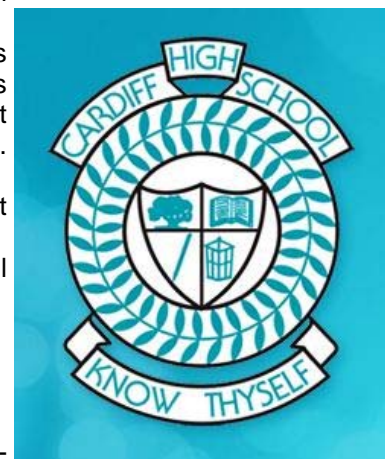
On Thursday 12th March there will be an evening presentation to parents commencing at 7pm and lasting approximately 45 minutes.

The Thursday evening presentation will include footage of Wednesday's activities and will also specifically address a number of important parental considerations including:

- opportunities at Cardiff High
- transition to high school
- welfare
- quality learning
- the significant advantages of selecting a relatively small school for your child's secondary education

Light refreshments will be provided.

Mr Rod Glassop
Transition Coordinator
Cardiff High School



Sustainable Neighbourhood Program

Location: Cardiff RSL, 45 Macquarie Road, Cardiff

(identification required by the RSL upon entry)

Date: Tuesday, 25 March 2015

Time: 6 – 8.30pm (registration from 5.45pm)

- Light refreshments provided

- Childcare available (bookings required)

RSVPs essential by Thursday 26 February 2015 by emailing sloving@lakemac.nsw.gov.au or calling 4921 0333.

Pollet's
MARTIAL ARTS CENTRE

1/44 Park Ave, Adamstown 2289
(02) 4952 2444 www.pollets.com.au
skyy@pollets.com.au

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- Okinawan Karate - Muay Thai - Little Tiger's Karate (2-6 year olds) - Kempo Jiu-Jitsu - Weapons - Boxing - MMA/Cage - Strength & Conditioning

BOUNCE!
TENNIS ACADEMY
Whitebridge Tennis Club

*Ever considered learning to play tennis?
Now's the time to start!*

- Learn a life-long skill and enjoy the social aspect
- Enhance whole body coordination
- Develop cognitive skills

*We provide group and private lessons,
Hotshots for 4yrs up, plus doubles &
singles competition for both jnrs & adults*

Richard McMurray - 0408 717 199
Anthony Jarvis - 0418 960 231

BJP PHYSIE
'Empowering Girls for Life'

www.physicalculture.com.au

WARNERS BAY PHYSIE AND DANCE

PHYSIE IS GREAT FUN - WHY NOT TRY SOMETHING NEW?

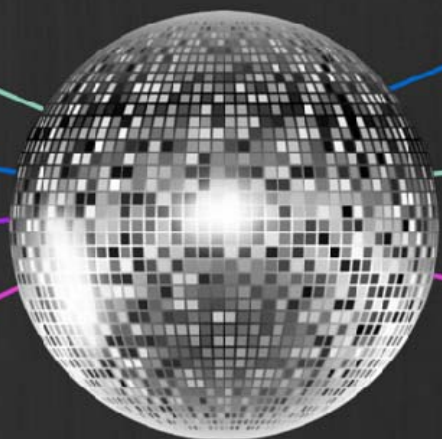
'Physie' is a combination of ballet, aerobics, gymnastics and jazz dance all rolled into one!

Classes range from 3-4 Years through to Ladies.

Team and individual events available at a low cost.

Enquiries are welcome to Mandy on **0408 206 349** or mandy.smith139@gmail.com.

TERM 1 DISCO



COME AND JOIN IN THE FUN

The HPS School Disco is on Thursday,
26th Feb from 6pm to 8pm.

Entry is \$5 per student at the door.

The P&C will be selling sausage
sandwiches, drinks, and glow products
from 5pm in the main COLA.



If you are able to assist with the BBQ prep please
contact Amber on amberhutton@optusnet.com.au or
join the Facebook group "HPS P&C events" to keep up
to date with all HPS P&C information



Hunter Sports High School Open Night – Tuesday 24th Feb

6.30 pm School Bini

For all prospective students and their parents/carers

Find us on Facebook or at www.huntersports.com.au



MENU ITEMS

GREEN

AMBER

	BEST CHOICE		SELECT CAREFULLY	
SANDWICHES	Cheese or tomato	\$1.60	Vegemite	\$1.50
	Cheese & tomato	\$2.00	ham	\$2.50
	Chicken	\$2.50		
	Ham,cheese &tomato	\$3.00		
	Plain salad-			
	Lettuce,tomato,carrot,			
	Cucumber,cheese,beetroot	\$3.00		
	Salad & ham	\$3.50		
SALAD BOXES	Chicken & salad	\$3.50		
	Chicken, lettuce & mayo	\$3.00		
	Salad pack-	\$3.70		
HOT FOOD	Lettuce, tomato,cucumber, cheese, beetroot,pineapple,carrot with light french or Italian dressing			
	• Add chicken or ham	\$4.20		
	Hot cheese roll	\$1.20	Cheese burger-	\$3.00
	Baked bean jaffle	\$2.50	Beef patty,cheese &bbq sauce	
	Spaghetti jaffle	\$2.50	Vegi burger-	\$3.50
			With lettuce, sour cream & Sweet chilli sauce	
			Chicken fillet burger-	\$3.50
			Chicken patty, lettuce & mayo	
			Mac &cheese	\$3.00
			Spaghetti bolognaise	\$3.00
			Beef lasagne	\$3.00
			Nacho dippers	\$3.00
			Fried rice (gf)	\$3.00
			Beef noodle cup	\$2.00
			Chicken nuggets (gf) -3	\$1.50
			-6	\$2.80
			Large low fat pie	\$2.20
			Low fat sausage roll	\$1.70
			Pizza slab-	\$2.00
			Ham & pineapple, margarita, meatlovers	

Good for kids
good for life



SNACKS

Plain pop corn	\$1.00	Cheese & bacon roll	\$1.50
rice wheels (gf)	\$0.70	School finger bun	\$1.00
sultana box	\$0.60	Muffin - chocolate or apple and cinnamon	\$1.50
golden valley fruit tub	\$1.50	chicken jjs	\$1.20
carrot sticks	\$0.20	banana bread (slice)	\$2.00
seasonal fruit pieces	\$0.30	toasted	\$2.20
	-\$1.00	honey soy/ sea salt chips	\$1.20

DRINKS

Flavoured milk-	\$1.40	Mineral water-	\$1.50
Chocolate/strawberry		Cola, blue, raspberry	
Popper juice-	\$1.40		
Apple, orange, apple & blackcurrant			
Water	\$1.00		

FROZEN TREATS

Slushie-	\$1.70	Mony-	\$0.60
Cola, raspberry, sour, pine/lime, strawberry		Cola, chocolate, strawberry	
Quelch ice block sticks	\$0.50	Low fat ice cream cup	\$1.10
		Lemonade ice block	\$1.00

EXTRAS

Roll or wrap	\$0.50	Bbq or tomato sauce	\$0.30
Toasted sandwiches are available for an extra 20c			

*gf – gluten free

To place an order, clearly write your child's name and class on lunch bag and place in box situated outside the office. If you don't have a bag put your order in an envelope and add 10c to your order for a bag. Correct money is greatly appreciated.

The canteen is open for your convenience and the convenience of your child. We rely on volunteers to keep the canteen open. If you can spare a few hours a week, fortnight or month please call Rebecca Pasovski 0412653097 or Nicole Bailey 0407109057.

Good for kids
good for life

