

Hillsborough Public School Newsletter

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NED SHOW YOYOS



Dear Parents/Caregivers

The NED show last week was a huge hit with our students. Yo-yoing throughout, NED and his friends discussed how to achieve and be resilient, sharing the message to **Never** give up, **Encourage** others and **Do** your best. Looking around our COLA this week, it has been wonderful to see the number of children (and quite a few grownups) enjoying their yo-yos and mastering tricks. The supervised playground 'Yo-Yo Zone' will continue throughout this week.

Congratulations to our debaters and public speakers who have performed this week. While our debating teams are still yet to have a win, they have had some hard fought matches and are continually developing their skills and confidence. Our Early Stage One and Stage Two public speakers have competed at Zone competitions. They have all done amazingly well, making us very proud and we are delighted to congratulate Callan P who earned a Highly Commended for his speech. We wish the best of luck to those who are still to compete.



*Josh M and Laith M at the
Stage Two Public
Speaking Zone Finals*

Finally, it is time to start getting excited about the Spring Fair. Our P&C are doing a fabulous job getting the Fair underway. Each of our classes will have some involvement in organising and supporting stalls at the Spring Fair. It promises to be a great afternoon!

Lucinda Farrell
Relieving Principal

Dates for the Diary

Tuesday 12th August
UNSW Test Maths

**Wednesday 13th & Thursday
14th August**
Zone Athletics

Wednesday 13th August
Worlds Apart Performance
K — 6

Thursday 14th August
School Disco 5.30—7.30

**Wednesday 27th August—
Friday 29th August**
Years 3 & 4 Sydney Camp

**Wednesday 3rd September—
Friday 5th September**
Years 5 & 6 Gosford Camp

Friday 19th September
Last day of Term 3

Tuesday 7th October
First day of Term 4



Wai Yoong Chin
now at SPEERS POINT
ALLEYE examinations
BULK BILLED to
MEDICARE
1/177 Main Road
Speers Point
Ph. 4958 7892

aie optical
Prescription Eyewear

CADET REPORTER

Congratulations go to Blake C-L whose work recently appeared in the newspaper. His article is included below.



STAY SAFE: Blake Chilcott-Laughton and ex-Knight Justin Ryder support protective wear in sport.

Injuries all for the love of the game

By **BLAKE CHILCOTT-LAUGHTON**

WITHOUT a doubt, my favourite sport is rugby league. I love the crowd's energy, the tough tackles and the suspense. Unfortunately, this can come at a price for players.

Many professional footballers encounter injuries throughout their careers, including spinal, shoulder and knee injuries, broken bones,

ligament damage and brain damage. In fact, between 5 per cent and 25 per cent of injuries are head injuries including concussion.

Thousands of Australian ex-footballers are living with brain damage, early-onset dementia, headaches and depression as a result of repeated concussions and blows to the head.

Former NRL player, Ian Roberts, is an example of this,

being diagnosed with brain damage after 12 years of playing professionally. Like many players, the love for the game outweighs the dangers.

Ex-Knights player Justin Ryder, now of Justin Ryder Group and Personal Fitness Training, puts great emphasis on the need for all individuals participating in contact sports to wear appropriate protective wear in the attempt to prevent such long-term injuries.

BLACK SHOES
or
PLAIN BLACK JOGGERS
Hillsborough School Uniform



P&C News...

DISCO BBQ

The P&C will be holding a BBQ in the COLA prior to the disco next Thursday night, 14th August.

Bring the family along for a sausage sandwich from 5pm (disco starts at 5.30pm). Sausage sandwiches are \$2.50, drinks are \$2, or get both for \$4.

Glow in the dark products will also be available from as little as \$2 to get the kids into disco mode!

MERIT AWARDS

KH

Callan P

Nicholas L

KM

1N

Sienna T

Erika H

1R

Aleksandar S

Alyssa H

2/1A

Lily S

Lane A

2H

Curtis R

Matilda F

3/2P

Aleczaender T

Kendrick P

3M

Alexandra A

Mia B

4/3D

William Z

Ethan P

4B

Eleise H

Brayden M

6/5D

Eli T

Ella M

6/5E

Dyllan R

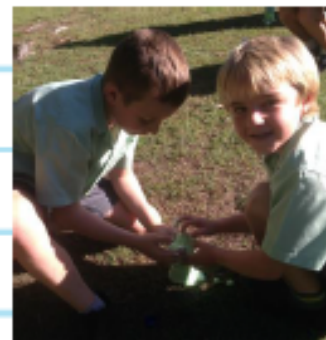
Martina A

Diary of a 3M kid...

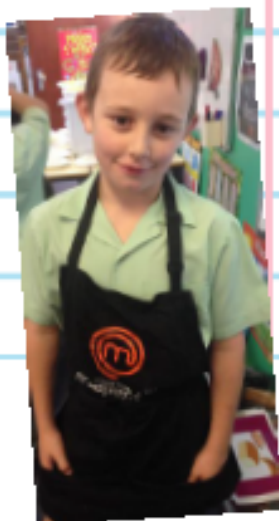
Every day in 3M we learn new things and have lots of fun. Science is one of our favourite subjects!



We ♥ Science experiments!



3M are also great cooks. We have cooked bread and cheesy mite scrolls. We even won the 'Crunchiest' award in the Stage 2 'Our Kitchen Rules' competition!





YUM!

Bread baked by us!

Inside our classroom there are lots of lovely art works. We have learnt all about Andy Warhol and Van Gogh. We also spent some time with Newcastle Junior School learning about art and making new friends.



Our
starry
nights



3M and
our
friends
from NJS



We are all
smiles at HPS!



3M
Rocks!

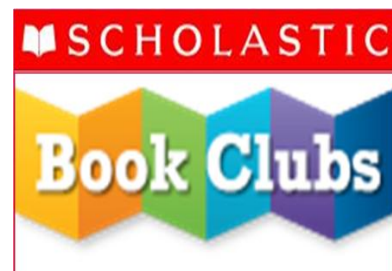


This Week's Featured App



Friends of Ten is a great app for our younger students who are learning combinations of 10 to support Mathematics skills. The app provides five different learning options for students, using ten frames and counters that can be dragged into place resembling hands on activities enjoyed at school. Friends of ten explores addition and subtraction to ten as well as number recognition. Each instruction is read aloud to students, making it very user friendly for all students. This is a cute and fun app perfect to help young students.

Book Club will not be issued until Term 4 as there is a Book Fair in Week 6 of this Term.



The next P&C meeting will be Friday 12th September 8.30am in the Library.

ALL WELCOME TO ATTEND!

Library News...

Book Fair

The Annual Book Fair will be held in the library during Book Week.

When: Tue 19, Wed 20 & Thur 21 August 2013.

Time: Before School: 8:00am - 9:00am

After School: 3:00pm - 3:30pm

Cash and credit card payment options available. All purchases benefit our school!

Premier's Reading Challenge

Only 2 weeks to go! All entries must be in at school by no later than Thursday 21 August so that they can be checked and validated before the closing date on September 1, 2014. Keep reading!

Toni Norton

Teacher Librarian

ASSEMBLY

Assemblies are on a fortnightly basis on a Tuesday at 2.15pm in the hall. Parents are welcome to attend. The next assembly day will be **on Tuesday 19th August**. The item will be performed by 1R.



Get The Hillsborough App Available On All Phones

Available on the  Google play  App Store

Search for Hillsborough in your favourite app store



What Can You Do With It?

Newsletters	Sick Notes
Events Dates	Change of Details
Notes Due	Pop-Up Alerts
Venue Maps	Contact Us



Great for Schools ... Even Better For Parents

Canteen Roster

TERM 3 ROSTER

THURSDAY & FRIDAY

Rebecca Pasovski Ph: 0412653097

Email: jrpaz1@bigpond.com

<u>Thursday 7th August</u>	<u>Friday 8th August</u>
Jenny Charge Melinda Smith Melanie Evans	VOLUNTEER NEEDED Amanda Rounsley Helen Singleton VOLUNTEER NEEDED
<u>Thursday 14th August</u>	<u>Friday 15th August</u>
Rebecca Pasovski Heidi Garnett Michelle Reed	Mel Arthur Mel Ward Renee Bailey Eleni Zissis
<u>Thursday 21st August</u>	<u>Friday 22nd August</u>
Melinda Smith Melanie Evans Amiee Buckerfield	Narelle Kirsch Lauren Halloran Lauren Turner Tammy Cooper
<u>Thursday 28th August</u>	<u>Friday 29th August</u>
Jan Newbold Fiona Freeman Margaret Parkes	Tara Finn Lidjia Pearson Leisa Anderson Kelly Gibson
<u>Thursday 4th September</u>	<u>Friday 5th September</u>
Jenny Charge Melinda Smith Melanie Evans	Sally Wallace Amanda Rounsley Helen Singleton VOLUNTEER NEEDED
<u>Thursday 11th September</u>	<u>Friday 12th September</u>
Rebecca Pasovski Heidi Garnett Michelle Reed	Mel Arthur Mel Ward Renee Bailey Eleni Zissis
<u>Thursday 18th September</u>	<u>Friday 19th September</u>
Melinda Smith Melanie Evans Amiee Buckerfield	Narelle Kirsch Lauren Halloran Lauren Turner Tammy Cooper

Notes sent home
this week:

PSSA Knock out Soccer
Boys & Girls
Thursday 7th August

Notes to be
returned:

Gosford Camp Medical
Information
Return asap

Sydney Camp Medical
Information
Return asap

World's Apart K - 6
Return Monday 11th August



LOST SOMETHING?

*There is a lost property box
located in the office in sickbay.*

*Please remember to label all
items that are brought to school
so that they can be returned to
your child if they go missing.*





Register for the 2014-2015 Cricket Season with Warners Bay Cardiff Junior Cricket Club.

-New players will be welcomed.

-All ages & ability from 5 through to 18 years catered for.

-Excellent facilities and coaching available.

Registration days are Saturday August 16 and 23 at either:

Warners Bay Bowling Club or

Cardiff Skate Park – Myall Road
Cardiff from 10.00am to 12.30 pm.

Contact Tony 0414 516262 or
wbcjcc@live.com

UNIFORM SHOP HOURS

Thursday
8.30am - 9.30am



ACCREDITED BEFORE SCHOOL, AFTER SCHOOL & VACATION CARE!

6:30AM-9:00AM BSC

3:00PM-6:00PM ASC

6:30AM-6:00PM VAC

HILLSBOROUGH OOSH IS APPROVED FOR CHILD CARE BENEFIT
AND CHILD CARE REBATE FOR QUALITY CARE AT AN AFFORDABLE RATE!

CALL 49478370 OR EMAIL info@hillsboroughoosh.com.au

OR VISIT US AT www.hillsboro-oosh.com.au

I am passing on information about the popular Variety Playground at Speers Point that will be of interest to your families. The park will be closed for a short period of time to allow Council to carry out routine maintenance works to ensure it remains in a well-maintained state for users.

The playground will be closed from Monday 11 August until Friday 22 August, while we complete maintenance works such as returfing, replacement of the rubber soft fall, painting of the equipment, repairs to timber structures and renewal of footpaths.

During this time, we encourage residents and visitors to use one of our many other family-friendly facilities, such as:

- Vermont Place - Warners Bay
- Allen Park - Jonathan Street, Warners Bay
- Bunya Park - corner Macquarie Drive and Cherry Road, Eleebana
- Thomas H Halton Park - Macquarie Drive, Croudace Bay
- Warner Park - corner John and Lake Streets, Warners Bay
- Nanda Street playground - Nanda Street, Marmong Point
- Toronto Foreshore - Victory Parade, Toronto

Should you require further details on the temporary closure or the maintenance works, please contact Council on 4921 0333.

SPRING FAIR

Sponsors

The Spring Fair Sponsorship packages have now been finalised. See attached flyer for details on opportunities for businesses to get exposure within our School and Charlesdown communities in return for providing support or donations. Please see Amber Hutton or Julie Byrne for a printed sponsor package if you have contacts that may be interested in being involved.

Market Stalls

There are still a few Market Stall spots available. The cost per stall is \$50, or \$30 plus a donation that we can use as a prize. Send Amli an email (below) for more information

Volunteers

Would you like to be involved in our School Fair either before the day or during the fair? Drop us as email to tell us what skills, time or expertise you are able to offer. All help appreciated!

DONATIONS

PLEASE
LEMONS, LEMONADE
USED BOOKS SUITABLE TO SELL
PLASTIC SHOPPING BAGS
BRIGHT FABRIC FOR BUNTING
LEGO PIECES
GLASS JARS
FULL LOOM BAND KNOTS

Next Committee Meeting: 14th August during Disco

CONTACT: Amber Hutton or Amli Jones
HPSspringfair@oppsnet.com.au

12 WEEKS
TO GO

SPRING FAIR 2014 SPONSORSHIP PACKAGES

	MAJOR SPONSOR	STALL SPONSOR	SUPPORTER
COST	Donation/Weekly Discount worth \$200-\$1000+	Donation/Weekly Discount worth \$200+	Donation/Weekly Discount worth up to \$100
WANTHAW ARE BUSINESS	Spring fair banner put the front of our school with Business name/logo		
SCHOOL NEWSLETTER	10 weekly News letters on main typing their information page	8 weekly News letters on page listing stall sponsors	2 weekly News letters on page listing supporters
PROVIDER	Business name and logo on front cover	Business name and logo on page listing all stall sponsors	
FACTBOOK PAGE	Business logo in cover picture and description, featuring photo listing your business	Letter with all sponsors, one listed with the school post listing your business	Triangle card listing all supporters
LETTER DROP TO CHARLESTOWN	Business name and logo on front page of flyer	Business name and logo on back page of flyer	
STALL/STAND PRICE	\$150+ Major entertainment event (eg an email shoot) to be named after your business eg "Your Company" Printing Day, plus options below Up to \$1000 Sponsor a stall of your choosing—logo used in stall advertising around school both before and on day. Opportunity to have a stall or demonstration at fair	Sponsor a stall of your choosing—logo used in stall advertising a round school both before and on day's options to display your items or business cards on the stall Donated goods (price on display during fair with business information, opportunity to display partner with business information during the fair	
THANKYOU	Appreciation Certificate	Appreciation Certificate	Thank You Card

CONTACT: Amber Hutton or Amli Jones

HPSspringfair@oppsnet.com.au

Hillsborough PS Canteen Menu

Term 3 2014

THURSDAY AND FRIDAY

(unless advised via the newsletter)

The canteen menu is in keeping with the 'Healthy Kids' school canteen guide. Keep an eye out in the newsletter for further additional/changes to the menu, along with any specials.

* Gluten Free — (GF)

Sandwiches

(please indicate wholemeal or white bread)

Vegemite	\$1.50	Hot Food cont...	Cheese Burger	\$3.00
Cheese or Tomato	\$1.60		(beef patty with cheese & sauce)	
Cheese & Tomato	\$2.00		Veggie Burger	\$3.50
Plain Ham or Chicken	\$2.50		(with lettuce, sour cream & sweet chilli sauce)	
Ham, Cheese & Tomato	\$3.00		Chicken Fillet Burger	\$3.50
Plain Salad	\$3.00		(chicken patty with lettuce & mayo)	
(lettuce, tomato, cucumber, cheese, carrot, beetroot)			Macaroni & Cheese	\$3.00
Salad with Ham or Chicken	\$3.50		Spaghetti Bolognese	\$3.00
Chicken, lettuce & mayo	\$3.00		Beef Lasagne	\$3.00
			Nacho Dippers	\$3.00
			Fried Rice (GF)	\$3.00

Extras

Toasted	add \$0.20	2 Minute Noodles	\$2.00
Roll or Wrap	add \$0.50	(chicken or beef)	

Salad Pack \$3.70
(lettuce, tomato, cucumber, cheese, carrot, beetroot, pineapple + choice of Italian or French Dressing)

Extras

Ham or Chicken	add \$0.50	Hot Dog with Sauce	\$2.30
		Hot Cheese Rolls	\$1.20
		Baked Beans or Spaghetti	\$2.50

Hot Food

Large Lite Pies	\$2.20	Jaffles	
Lite Sausage Roll	\$1.70		
Sauces (tomato, BBQ)	\$0.30		
Pizza Slabs	\$2.00		
(Ham & Pineapple, Margarita, Meatlovers)			

To place an order, clearly write your child's name and class on a lunch bag and place it in the box situated outside the school office in the morning before school. If you don't have a lunch bag please use an envelope and include 10c for a bag.

Snacks

Cheese and Bacon Rolls	\$1.50
School Finger Buns	\$1.00
Banana Bread (slice)	\$2.00
(toasted with butter)	\$2.20
Muffins	\$1.50
(Chocolate or apple & cinnamon)	
Deli Rock Chips (honey soy)	\$1.20
Grain Waves (sour cream & chives)	\$1.20
JJ's snacks (chicken & burger)	\$1.20
Plain Popcorn	\$1.00
Rice Wheels (GF)	\$0.70
Scooby Doo Snacks	\$0.70
Yoghurt Frogs (limit 5) (GF)	\$0.10
Jelly Sticks (limit of 3)	\$0.15
Golden Valley Fruit Tubs	\$1.50
(two fruit, fruit salad, puree)	
Sun Fruits (limit 10)	\$0.05
Sultana Box	\$0.60

Drinks/Freezer Items

Flavoured Milk (strawberry, chocolate)	\$1.40
Poppa Juices (apple, apple blackcurrant, orange)	\$1.40
Water 600ml	\$1.00
Mineral Waters (orange, cola, apple/raspberry, blue, lemon/lime)	\$1.50
Slushies (cola, raspberry, sour, pinelime)	\$1.70
Ice Monys (chocolate, strawberry, cola)	\$0.60
Sunny Boy Iceblocks (raspberry, cola)	\$1.00
Lemonade Icy Poles	\$1.00
Vanilla Cup Ice Creams	\$1.10

The canteen is open for your convenience and the convenience of your child. We rely on volunteers to keep our canteen open. So thank you to all those people.

If anyone can spare a few hours a month, please call

Danielle Whiting 0438 557 194 or

Nicole Bailey 0407 109 057

Correct money is appreciated