

2025-2028

HILLSBOROUGH PS

School Vision

**Empowering every
learner through
equity and excellence,
fostering high
expectations and
wellbeing
as we transform lives
and build
a brighter future.**



K/1/D

Mrs Jane Dubojski



2025

CLASS RESOURCES

Our school does not ask for a specific list of classroom resources.

Please ensure that your child's books are covered as it helps to maintain the quality of the books throughout the year.

Personal pencil cases are not needed in Kindergarten or Year 1.

Please avoid distracting pens, pencils with gadgets attached (eg: Smiggle stuff).



OUR WEEK

ASSEMBLY

Friday

LIBRARY

Friday

RFF

Tuesday and Friday

SCRIPTURE

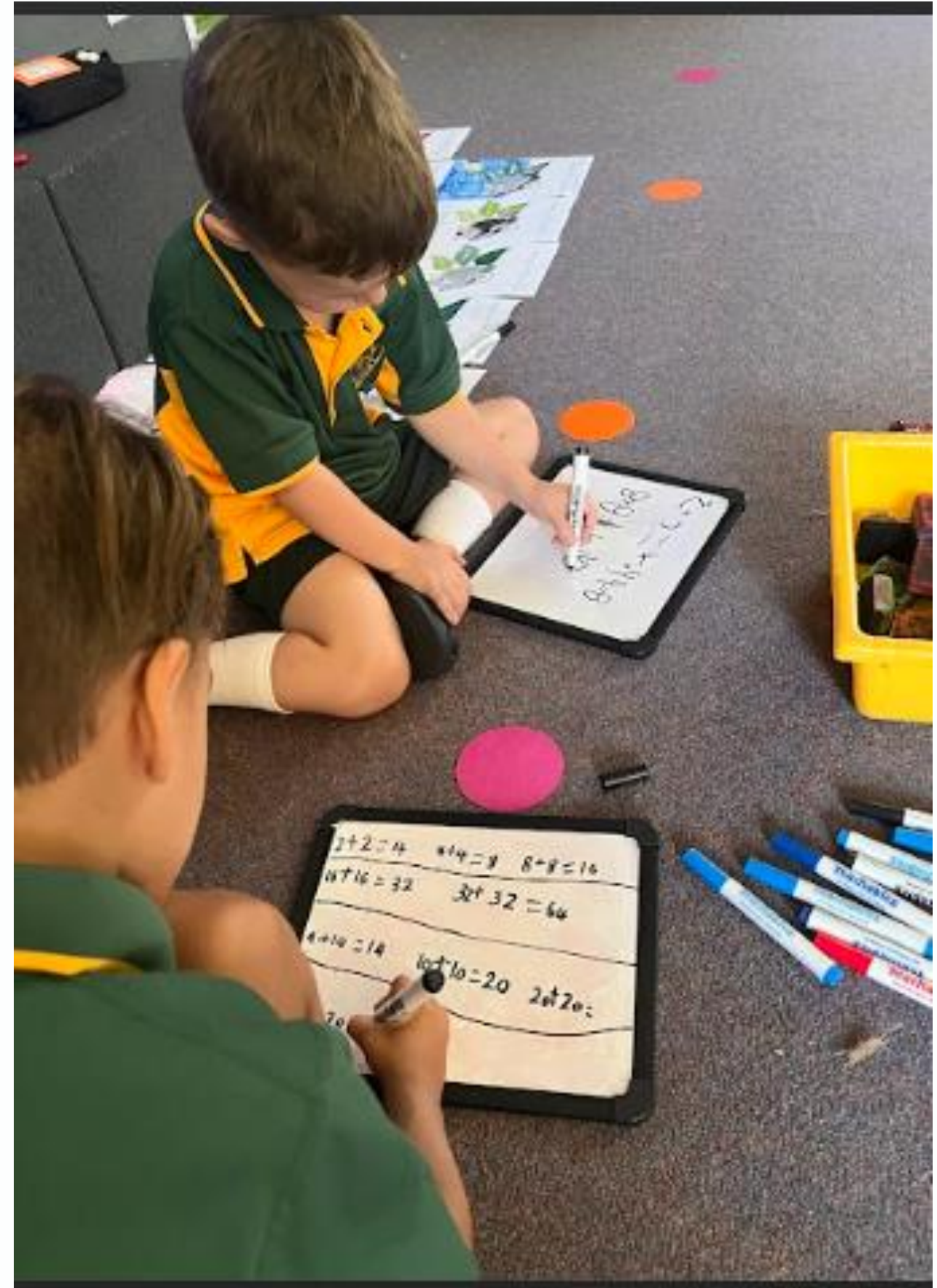
Tuesday

CLASS PE

Thursday

SPORT

Friday



Class Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 10:00	InitialLit	InitialLit	InitialLit	InitialLit	InitialLit
10:00 – 10:10	Fruit break	Fruit break	Fruit break	Fruit break	Fruit break
10:10 – 11:00	Component B	Component B	Component B	Component B	Sport
11:00 – 11:40	Lunch				
11:40 – 11:45	Mindfulness	Mindfulness	Mindfulness	Mindfulness	Mindfulness
11:45 – 12:45	RFF	Mathematics	Mathematics	Mathematics	RFF (Library)
12:45 – 1:45	Mathematics	PE	Visual Art	Living Things (Science/Geography)	Mathematics
1:45 – 2:15	Recess				
2:15 – 3:00	PD/H (GEM)	Scripture	Visual Art	Living Things (Science/Geography)	Assembly (even weeks) Developmental Play (odd weeks)



Dear Parents/Carers,

Seth the Slatter Bug is our class travelling pet mascot!

Seth has a diary in which you can record his adventures! Your child might like to take photos, draw pictures, or write in the diary about what they did with Seth. While your child might need some support to record in Seth's diary, please encourage them to have a go independently. They will share Seth's adventures with the class each Wednesday.

Please return Seth to school before Friday, ready for another child to take him home.

Seth will bring his travel bag, containing his diary and a bug book, which you can read to your child.

Have fun!
Mrs Dubojski



ARRIVAL TIMES

When arriving at school in the morning, children are to put their bags outside the classroom and proceed to the playground.

A teacher is on duty every morning from 8:30am.

Please be mindful that only students attending the onsite OOSH are able to be on school grounds before 8:30am.



HOMework

Homework is not mandated by the NSW Department of Education. Our teachers will provide suggestions for students to practice their skills.

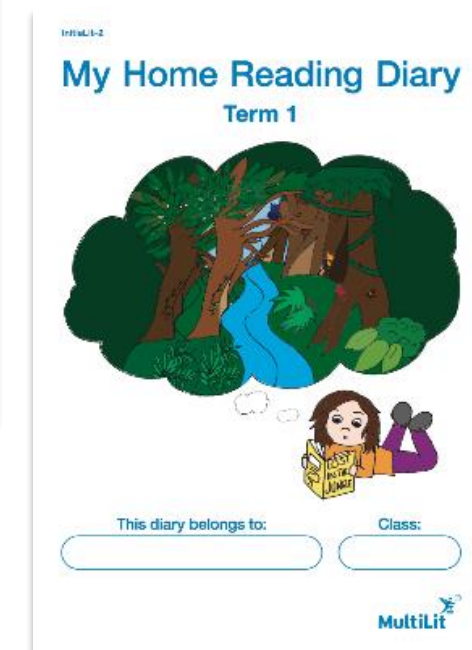
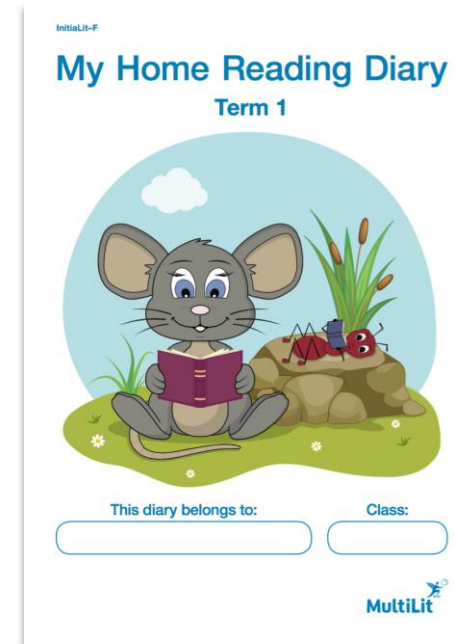
We encourage students to complete reading, spelling and number fact fluency at home.

This year there is a huge focus on 'Retrieval Practices'. This is to ensure students are retaining content learnt in class. It is encouraged that you check in with your child to discuss what they have learnt throughout the day.



HOME READING

- Reading practice at home is an important way to consolidate what is taught in InitialLit lessons.
- When listening to your child read:
- talk about the words in the story
 - what do they sound like?
 - what do they mean?
- talk about the illustrations
- talk about the events in the story.



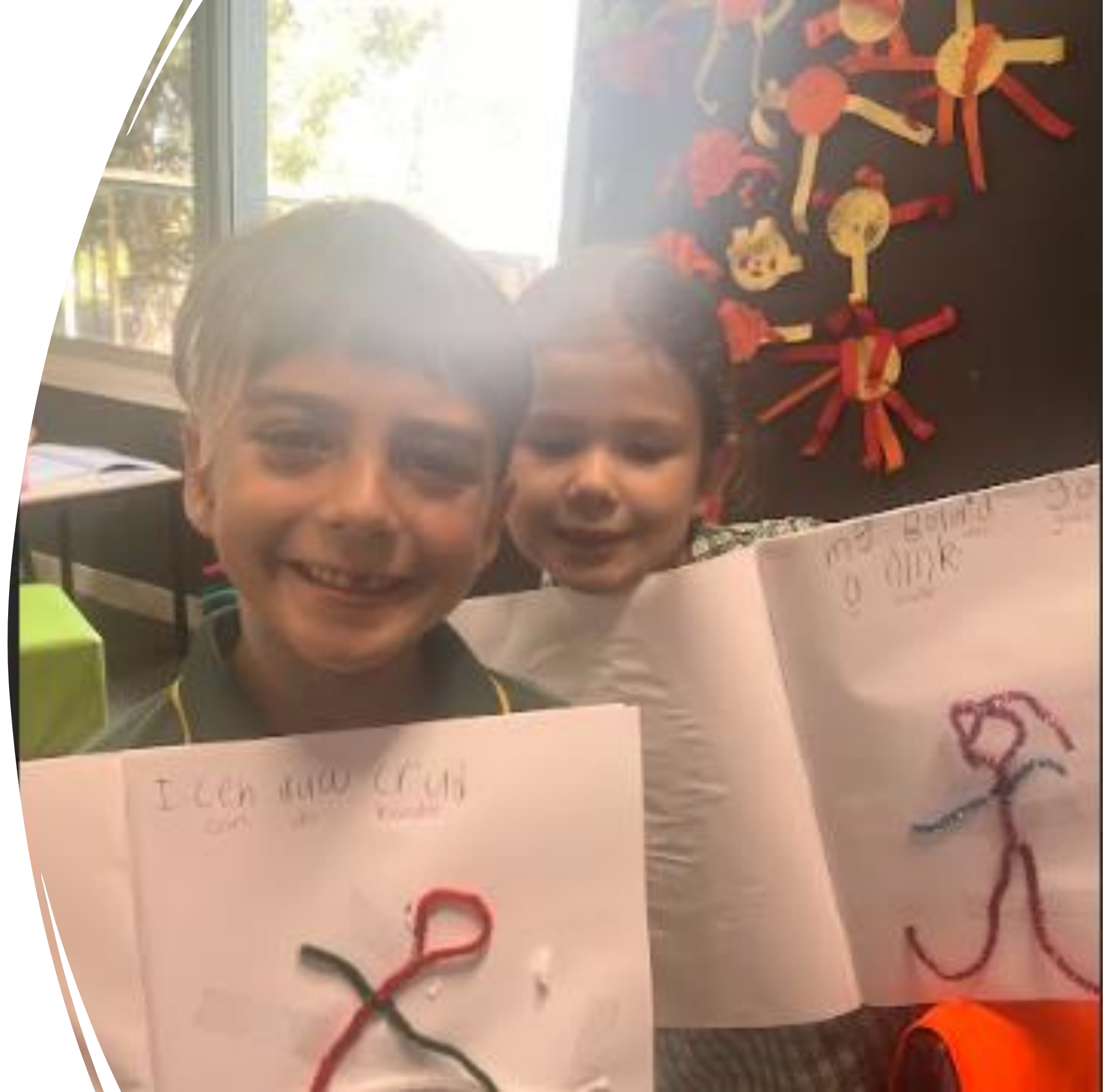
READING TO YOUR CHILD

- When reading to your child:
- read a wide range of texts, both fiction and non-fiction
- talk about the vocabulary used in the text
 - what does that word mean?
 - can you use that word in a sentence?
- discuss the story and any themes that arise
- ask your child to retell the story
- ask your child what they liked or did not like about the book.



ATTENDANCE

- We know that school is the best place to unavoidable, and regular attendance means students can stay on top of their schoolwork and get the most out of their learning.
- If you are having trouble getting your child to school every day or on time, please talk to our school staff so we can work together, because every day counts.
- When absences are unavoidable, please let our Office know as soon as possible by email or phone call.





RUNNING LATE? LEAVING EARLY?

It is mandatory that our class rolls are marked by 9:10am daily.

If your child is late, they will first need to be 'signed in' at the office. Students presenting without an adult will be signed in but an absence note will go out for a parent explanation.

Alternatively, if you need to pick up your child early, they will need to be 'signed out' before you pick them up from the classroom. This includes after an assembly, special events or even at 5 to 3.

THERAPISTS

Some families may wish for their child's speech or occupational therapy sessions etc* to take place at school.

All requests must be made in writing to the Principal.

Requests are considered in terms of the impact on the learning of your child, our class and our ability to adequately supervise sessions.

Therapy sessions should be after key learning time 9am -11am.

**We do not accept tutorial services to work with students in school hours.*



IMMUNOCOMPROMISED STUDENTS

We would like all parents to be aware that *in our school / in our class* we currently have several students who are immunocompromised. These students can be significantly affected by regular virus transmission and dangerously impacted by infectious diseases such as measles.

We would remind all families not to send children to school if they are unwell.

Additionally, please contact our School Office if your child has been in contact with (even if they are not showing any symptoms).



ANAPHYLAXIS

Hillsborough PS has students with life-threatening allergies. We ask you to consider these children and not bring nuts to school as a harm minimisation strategy. We do not claim to be a "peanut or nut free" school. Such a claim could not reliably be made and, if we did state this, may just lead to a false sense of security about exposure to peanuts and tree nuts to those most vulnerable.

Children with these severe allergies all learn how to manage allergy risks themselves, some at a very young age. These children know that they must be aware of the contents of what they eat, not share food, wash their hands before eating and recognise the warning signs of an allergic reaction.

This is a lot for young children to be constantly concerned about.

It would be greatly appreciated if we could all do our part and eliminate

nut products from lunchboxes to support students diagnosed at risk of anaphylaxis. Staff constantly speak to students and refer to values such as respect, empathy, cooperation, care, and kindness. This is an ideal time for all of us to put these values into practice.



FACEBOOK & PERMISSION TO PUBLISH

Liking our school Facebook is a great way to follow some of the wonderful things we do in our classrooms. Our classes will share photos and videos of our students and their learning.

Permission to Publish forms need to be filled out every year. This permission covers publication in our school Newsletter, on our school website and on our Facebook. Only students with permission to be published will be photographed for publication.

Our school policy from 2025 is that no student names will be published on Facebook and only names OR photographs (not both) in our newsletter.



Hillsborough Public School

673 followers • 7 following



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SCHOOL ASSEMBLY & QUALITY WORK AWARDS

School Assemblies are held fortnightly on Friday afternoons beginning at 2pm. (*Our first assembly this year is 21st February*).

In assembly, the efforts and performance of our students are celebrated, and Quality Work Awards are awarded -4 per class.

While these awards need to be meaningful, we do try to ensure all students are celebrated throughout the year.

Keep your eye out for an email to let you know when your child will be awarded.



HILLSBOROUGH PS

Behaviour Curriculum

- Our school values:

RESPECTFUL RESPONSIBLE READY TO LEARN
are fundamental to our Wellbeing practices.

*We will teach, practice and regularly revise routine expectations across the school creating positive behaviour for learning habits. This will cover things like; the importance of sharing; respecting our environment; being grateful, respecting others and maximising our learning time.

*One lesson per week (Monday afternoon) will also occur using the resources from our new school initiative –
The Resilience Project.



The Resilience Project

- This program will be referred to as **GEM(E)**.
 - **G**ratITUDE
 - **E**mPathy/Kindness
 - **M**indfulness
 - **E**motional Literacy
-
- Our goal is to create a GEM culture across the school community: students, staff and parents/carers.

What do we focus on in the program?

To help children feel happier and build resilience, our Early Years Wellbeing Program is centred around the evidence-based principles proven to cultivate positive mental health.

GRATITUDE

Paying attention to the things we have right now, and not worrying about what we don't have. We practice this by noticing the positives around us.



EMPATHY

Putting ourselves in the shoes of others to feel and see as they do. We practice this by being kind and compassionate towards other people.



MINDFULNESS

Our ability to be present at any given moment. We practice this by slowing down and concentrating on one thing at a time.



EMOTIONAL LITERACY

Being able to recognise and label your feelings and emotions as they happen.



WHAT AND HOW

Scan the QR codes to learn more about **GRATITUDE**, **EMPATHY**, **MINDFULNESS**, **EMOTIONAL LITERACY** and **CONNECTION**.



GRATITUDE

Paying attention to what you have.



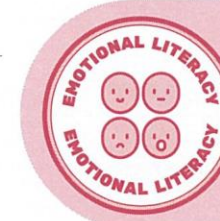
EMPATHY

Understanding how others feel and being kind.



MINDFULNESS

Being present and connected.



EMOTIONAL LITERACY

The ability to label our emotions as we experience them.



CONNECTION

Authentic and meaningful interactions to feel a sense of belonging.



Scan the QR code to check out TRP@Home. Here you will find a range of activities and ideas to practise GRATITUDE, EMPATHY, MINDFULNESS and EMOTIONAL LITERACY with your family. These activities will help to spread happiness and build resilience.



2025 HILLSBOROUGH PS

Positive Behaviour for Learning Award System

Bronze Awards

5 Bronze Awards awarded in each class every week

Silver Awards

5 Bronze Awards = 1 Silver Award
Silver Awards presented at fortnightly Assembly

Gold Awards

5 Silver Awards = 1 Gold Award and Gold Medal
Gold Awards presented at Celebration Assembly at the end of each term.
Awards carry over year to year until the student has achieved a Gold Award.



Quality Work Awards

4 Quality Work Awards awarded in each fortnight per class.
Every student should receive at least one Quality Work Award in a calendar year.

Celebration Assembly

A Celebration Assembly will occur on the Friday of the last day of Terms 1, 2 and 3.
One student from each class will be acknowledged to celebrate student growth.
The award is based on academics, behaviour or social-emotional growth.

Celebration Day

After the Celebration Assembly, there will be a fun activity that every student will participate in to celebrate personal achievements and goals achieved during the term.

Classroom Reward Systems

Individual classes may create their own reward system but this is not related to the whole school Positive Behaviour for Learning Award System.





CHILD PROTECTION

Child protection education is mandatory from Kindergarten to Year 10 as part of the NSW Education Personal Development, Health and Physical Education (PDHPE) K-10 Syllabus.

The PDHPE program provides carefully designed lessons that cover a wide range of content matter, including relationships, drug use, human sexuality, child protection, fundamental movement skill development, safety and physical activity. Some of the content of the program deals with sensitive issues which we teach within the context of a developmentally appropriate program. Families will receive further information when the program commences.

Please speak to your child's teacher if you have any concerns around your child participating in Child Protection education.

MONEY & PERMISSION NOTES

Our school uses the Sentral app for online permission notes and payments.

We can also provide credit card payments over the counter.

Cash or notes should go directly to the Office.

The Office has a 'post box' for students to drop off notes and money.



MEDICATION



Children should not have tablets or medicine (excluding Ventolin) in their possession while at school. Parents are requested to advise the school of any health issues (including asthma) likely to impact on school performance or attendance.

Medication can only be administered at school by qualified staff after they have received a medication form signed by a parent or carer. At Hillsborough Public School, our strong preference is for medication to be supplied in a pharmacy blister pack. If a Blister Pack is not possible, medication must be provided to the school in its original packaging.

Please note, even over-the-counter medications like Panadol or antihistamines provided for students must be accompanied by prescription information from a doctor.



PARENT-TEACHER REPORTING

Term 1 - Weeks 9, 10 & 11
(Teacher & Parent/Carer)

Term 2 - Semester 1 Reports (Week 9)

Term 3 - Weeks 2 & 3 (Teacher,
Student & Parent/Carer Conference)

Term 4 - Semester 2 Reports (Week 9)



COMMUNICATING WITH ME

Email school with
'Attention Mrs Dubojski'

- or -

Phone school to request a return call.



SPORTS

We participate in a varied PE and Sports program. HPS also participates in External competitions and events

PSSA TEAM TRIALS: These are specialist events where students are selected by the organising teachers to trial for a PSSA Hunter team.

PSSA KNOCKOUT: We enter school teams in State Knockout competitions. These are sometimes scheduled as Gala Days.

PSSA TRIALS for particular sports.



KEY EXCURSION DATES

We like to look at a few excursions closer to school as a part of our HSIE studies. More information will be available as we attempt to organise these events.



MOBILE PHONES & SMART DEVICES

We would prefer to have no mobile phones or mobile technology (smart watches) at school.

We recognise that in some circumstances parents may approve for their child to take a phone or device to school, but:

- phones must be signed in at the Office in the mornings
- school will take NO responsibility for mobile technology left in bags
- smart watches must be set to school mode and must not be used whilst at school

If these devices are being used at school without permission, they will be confiscated and a parent or guardian informed.



KISS AND RIDE

Kiss and Ride is on Waratah Avenue every afternoon from 3pm. Parents are invited to email our Office to obtain a dashboard sign. As cars enter the Council Kiss and Ride area, staff will call your children and help them into the car.

All parents are to remain in their vehicles in this area.



RIDING BIKES

Students can ride their bikes to school permitting that they have filled out and signed the Hillsborough Public School Bike Policy Agreement with their parents/carers.

This Agreement can be collected from the office.

Students are required to responsibly walk their bike once they are on school grounds and are encouraged to bring a bike lock to use when putting their bike in the bike racks.

